

REDUCING CANCER RATES IN RED RIVER MÉTIS



Cancer is the leading cause of death among Red River Métis, who have higher rates of lung cancer than all other Manitobans.¹

Factors influencing cancer rates



Age of the Population

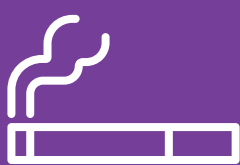


Size of the Population



Risk Factors

Cancer risk factors



Smoking



Sun Exposure



Poor Diet



Physical Inactivity



Environmental Carcinogens



Genetics

How to reduce your risk



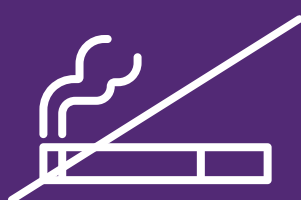
Get Screened



Stay Active



Limit Alcohol Intake



Live Smoke Free



Eat Healthy Foods



Sun Protection