

PROJECT OBJECTIVES



Identify needs for long-term continuing care through engagement with all Red River Métis Citizens, including Elders, Youth, 2SLGBTQIA+ individuals, persons with disabilities, and those with chronic illness.



Utilize Red River Métis Citizen input during discussions with different levels of government to clarify responsibilities and roles for implementing a care services framework.



Share collected results to support the development and implementation of the distinctions-based framework and inform Red River Métis Citizens.



WHERE DO WE GO FROM HERE?

Incorporating diverse Red River Métis perspectives is essential for creating a culturally safe LTCC framework to enhance quality care, Community cohesion, and alignment with cultural heritage.

Recommendations for developing a Red River Métis-Specific Long-Term & Continuing Care Framework:

- 1) Establish a Dedicated Red River Métis Long-Term Care Facility
- 2) Advocating for Language Services and Interpreter Support
- 3) Developing Cultural Competency Training Programs
- 4) Consultation with Residents and Families
- 5) Implementing Innovative Solutions for Family Engagement
- 6) Advocating for Increased Government Funding and Policy Support
- 7) Engaging in Collaboration with Governmental and Non-Governmental Stakeholders
- 8) Strengthening Community-Based Advocacy Efforts



LONG-TERM & CONTINUING CARE

Developing a Red River Métis-Specific Long-Term & Continuing Care Framework



WHAT IS LONG-TERM & CONTINUING CARE?

Long-Term and Continuing Care (LTCC) includes health, social, and residential support for individuals, specifically seniors and those with chronic disabilities, needing extended assistance with daily activities and medical needs in long-term care facilities.

These facilities include nursing homes, personal care homes, aging in place programs, residential care facilities, assisted living facilities, and supportive housing.



WHAT METHODS DID WE USE?

A cross-sectional survey was used to measure experiences and expectations of Red River Métis Elders and Youth, determine Citizens' knowledge of available LTCC services in Manitoba, and assess region-specific needs of Red River Métis Citizens.

Focus groups were conducted to gather the viewpoints, concerns, and requirements of Red River Métis Citizens regarding LTCC.

A digital questionnaire was developed for Red River Métis healthcare professionals in Manitoba to identify gaps in LTCC facilities and inform distinctions-based, inclusive policies for Red River Métis Citizens using LTCC programs.

WHAT DID WE FIND?

Value of family engagement and support within LTCC facilities.

Citizens emphasized the importance of preserving social and familial connections by facilitating family visits and establishing Community-specific care.

"We want people to live, stay and spend their time within their Communities ... where they feel that's where they want to be."

**Red River Métis Citizen,
LTCC Focus Group – MMF's Winnipeg Region**

Lack of tailored, individualized care and insufficient facilities in care services.

Red River Métis Citizens expressed the necessity of individualized care approaches, and distinctions-based, culturally tailored long-term care amenities.

"It is necessary to have client-centered care and evidence-informed practices, tailoring care facilities to the client's special needs rather than enforcing a black & white policy..."

**Red River Métis Citizen,
LTCC Focus Group – MMF's Winnipeg Region**

Necessity of comprehensive continuing care programs & the absence of long-term care facilities in rural communities.

Red River Métis Citizens emphasized the need for a comprehensive continuing care program, with a focus on accessibility, adaptability, and advocacy.

They expressed apprehensions about the absence of assisted living facilities and manors within rural Communities, highlighting staffing shortages and restricted availability in long-term care facilities.

FINDINGS FROM RED RIVER MÉTIS HEALTH CARE PRACTITIONERS DIGITAL QUESTIONNAIRE

Family Engagement:

- Practitioners emphasized the crucial role of family engagement, sharing that families should be treated as integral members of the healthcare team and involved in care routines, safety measures, and disease prevention.

Cultural Activities:

- Practitioners proposed integrating cultural elements, such as traditional Métis crafts and land-based activities, into the daily schedules of long-term care facilities.

Healing Practices:

- Inclusion of Red River Métis-specific traditional medicine and spiritual healing was highlighted as vital for the well-being of Red River Métis residents in LTCC facilities.

Other Suggestions:

- Healthcare practitioners proposed the establishment of a dedicated Red River Métis long-term care facility.

